

Mobility Agreements in Europe

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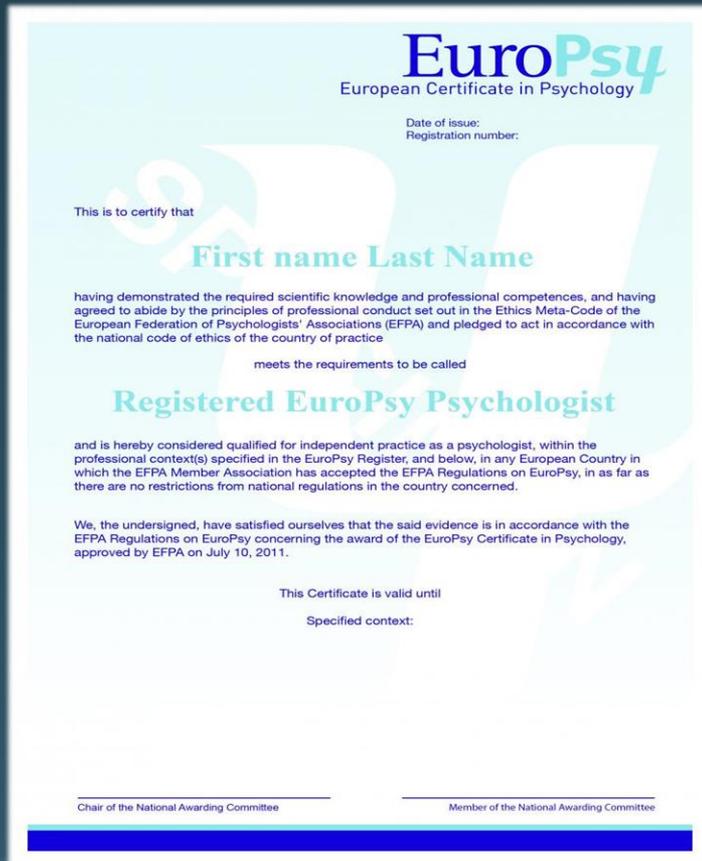
European Federation of Psychologists' Associations

October, 2018, Salt Lake City

EuroPsy
European Certificate in Psychology



EuroPsy (European Certificate in Psychology)



- **EuroPsy**: a professional qualification implemented by the European Federation of Psychologists' Association (EFPA), which sets standards of education, training and competence for psychologists in Europe.
- **EuroPsy** : aims to set a standard of competence in all the countries where it is issued, and envisages the free movement of psychologists across the countries which have accepted the standard.

Brief History of the EuroPsy

- **1990**: EFPA agreed upon the ‘Optimum standards for the professional training in psychology’ i.e. the requirement of six years of education and training for professional psychologists
- **1998** : Partners from 12 European countries engaged in the Leonardo da Vinci Programme and mapped out the various professional psychology qualifications
- **2001**: A common framework for professional training of psychologists known as the *EuroPsyT* emerges from the *Leonardo da Vinci Programme*
- **2001**: Building upon the EuroPsyT, a second EU funded project began, which aimed to maximise both quality and mobility (EuroPsy)

Brief History of the EuroPsy

- 2005: Acceptance of the EuroPsy
- 2008: Following field testing, it was established that the EuroPsy framework has the flexibility for implementation in different ways to reflect the different traditions in the six countries
- 2009: The development of the EAC (European Awarding Committee)
- 2010: Launch of the EuroPsy
- 2011: Launch of EuroPsy Website and Register

Why do we need the EuroPsy?

1. Transparency

EuroPsy will give clients, other professionals and psychologists themselves, a better view of psychologists' qualifications

2. Quality

EuroPsy will offer a guarantee of quality to clients

3. Mobility

EuroPsy stimulates the mobility of psychologists in work and further study, by facilitating the recognition of their qualifications in other countries

4. Development of the profession in Europe

EuroPsy supports efforts of those involved in educating and training psychologists to bring the profession to a higher level and to share best practices.

EuroPsy Requirements:

A five year university education in psychology with a recognised curriculum

+

One year of supervised practice

+

Commitment to abide by the Code of Ethics

+

Commitment to undertake Continuing Professional Development (CPD)

National Requirements:

- **EuroPsy** is *not* a license to practice. EuroPsy respects licensing regulations made by national governments

However..

Each country that offers the EuroPsy must make arrangements for Psychology education in that country and verify:

- List of university programmes that meet EuroPsy requirements
- Supervised practice arrangements
- Arrangements for training of supervisors
- Recognition of title and License to practice for each country
- CPD - Continuing professional development arrangements

Revalidation

- The EuroPsy Certificate is valid for seven years, after which the holder undertakes revalidation to ensure current competence and up-to-date knowledge.
- Revalidation, or renewal of the certificate, requires that the psychologist has undertaken Continuing Professional Development (CPD) in order to demonstrate continued competence

REVALIDATION

Continued Professional Development (CPD)

There is a wide range of activities that psychologists undertake as part of their CPD, these include:

1. Attendance and participation in accredited courses and/or workshops aimed at further professional development.
2. Development of specific new skills through practice at work.
3. Attendance in peer supervision meetings,
4. Participation as a supervisor.
5. Attendance at a professional or scientific conference.
6. Authorship or co-authorship and/or editing of publications on research and/or professional issues; presentations to professional audiences.
7. editorial work on journals and books in psychology.

These activities are intended to support psychologists' development of new skills and understanding and to foster the quality of professional practice.

EuroPsy Specialisations

- After a number of years of practice as a psychologist, it is possible to apply for a Specialist EuroPsy Certificate.
- At the present time this exists in **two areas**:
 - Psychotherapy
 - Work and Organizational Psychology.
- EFPA is committed to supporting the development of further specialisations as appropriate.
- The EuroPsy Specialised Certificate is an additional qualification and builds on the standard of the EuroPsy. It is therefore only awarded to psychologists who hold the EuroPsy.

Specialist Certificate - Psychotherapy

Requirements:

1. At least 90 ECTS of further study, of which 400 hours should be devoted to theory.
2. At least three years of postgraduate (post eligibility for *EuroPsy* Certificate) practice, of which 500 hours is supervised practice.
3. At least 150 hours of supervision (on average 50 per year)



Specialist Certificate – Work & Organisational Psychology

Requirements:

1. At least 90 ECTS of further study (2400 hours), of which 60 (1600 hours) should be devoted to courses and 30 (800 hours) to applied research or assessment or intervention.
2. At least three years of postgraduate practice, of which 400 hours per year (in total 1200 hours) is supervised practice, labelled as 'coached professional practice'.
3. At least 150 hours of supervision (on average 50 per year).
4. At least 100 hours (4 ECTS) of personal professional development at the moment of application, included in the 90 ECTS for further study.

Routes to the EuroPsy:

- There are two main routes into EuroPsy:

1. Psychologists who can show that they have already practiced for several years and meet alternative standards of qualification, can enter at once, via a “transitional arrangement” route.
2. Newcomers have to apply and give evidence of their curriculum and subsequent supervised practice. They follow the “regular route”.



Awarding Committees:

- The EuroPsy system is organized at two levels, the national and the European.

European Level:

1. The European Awarding Committee (EAC)
2. Specialist European Awarding Committee (S-EAC)

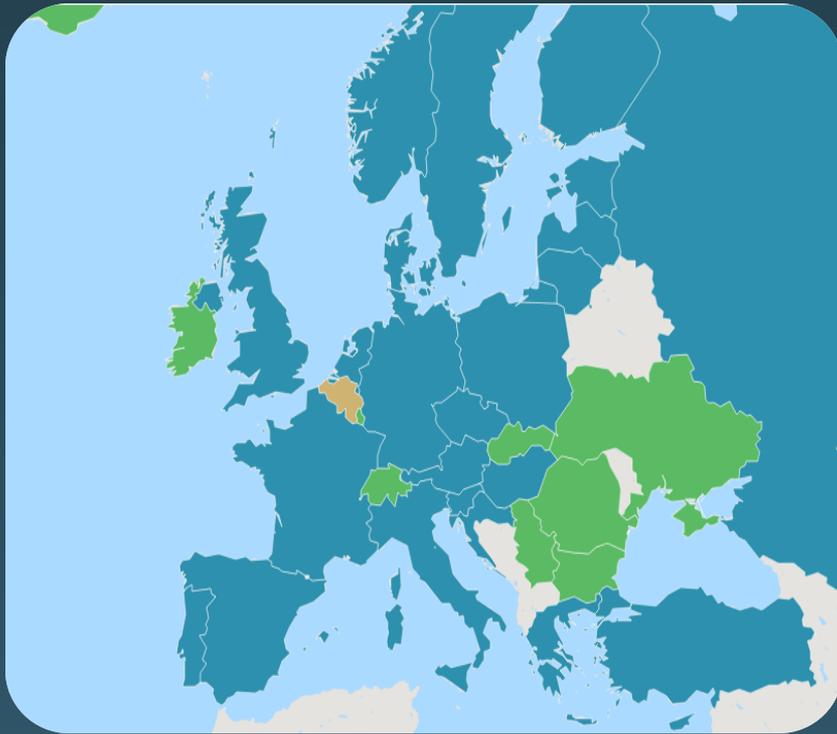
National Level:

1. The National Awarding Committee (NAC)
2. Specialist National Awarding Committee (S-NAC)

European Awarding Committee (EAC)

- The EAC evaluates applications from countries for recognition of the NAC (National Awarding Committee), and convenes the annual meeting of Chairs in order to share practice, discuss challenges, and to ensure the quality of the EuroPsy.
- Members of European Awarding Committee:
 - Rosaleen McElvaney - Chair (Ireland)
 - Mark Forshaw (United Kingdom)
 - Peeter Pruul (Estonia) - new
 - Sara Bahia (Portugal) - new
 - Ype Poortinga (Netherlands) - leaving
 - Vlasta Zabukovec (Slovenia) - leaving
 - Salvatore Zappala (Italy) - liaison for and as chair S-EAC Work&Organisational Psychology
 - Nady Van Broeck (Belgium) - liaison for and as chair of S-EAC Psychotherapy

National Awarding Committee (NAC)



- At national level, each country has a National Awarding Committee (NAC), which evaluates individual applications from that country and issues the EuroPsy Certificate to individual psychologists.
- At the present time 24 countries of EFPA have recognized NACs, and are therefore entitled to issue the EuroPsy Certificate.

*Participating countries in blue

EuroPsy

European Certificate in Psychology



Norway

Poland

Sweden

Finland

Denmark

Estonia

UK

Latvia

Netherlands

Russia

Germany

Hungary

Czech Republic

Slovenia

Austria

Italy

France

Greece

Spain

Portugal

Cyprus

Turkey

Croatia

Lithuania

Countries Awarding the Specialist EuroPsy

Psychotherapy:

- Finland
- Russia
- Spain
- Turkey

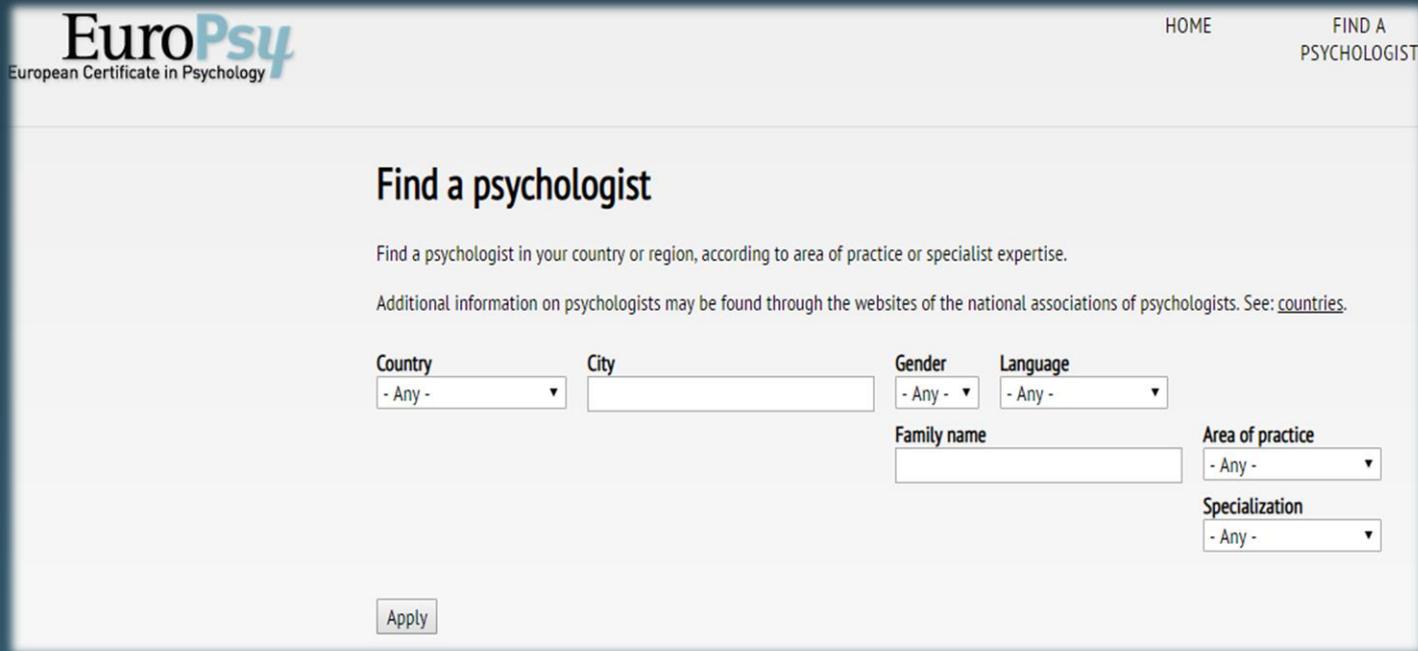
Work & Organisational Psychology

- Finland
- Norway
- Spain



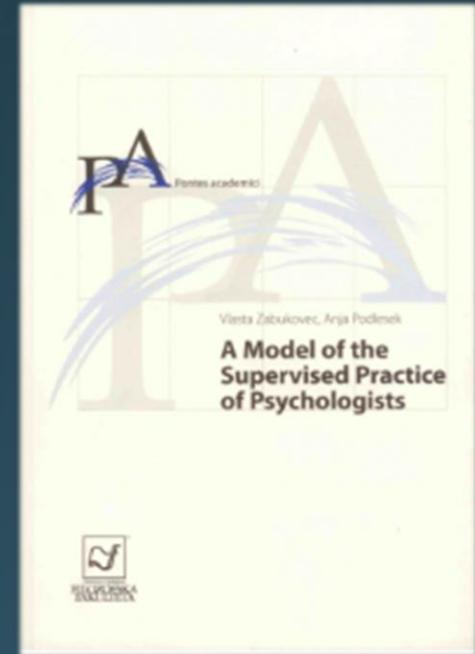
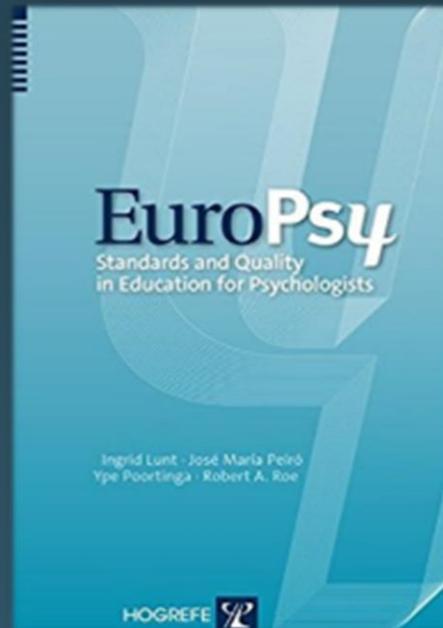
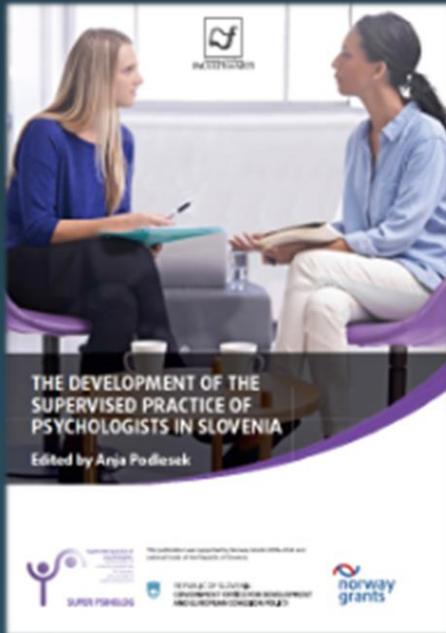
Register of European Psychologists

- Any psychologist who obtains a EuroPsy Certificate can be included in the Register of European Psychologists



The screenshot shows the EuroPsy website's search interface. At the top left is the EuroPsy logo with the text "European Certificate in Psychology". At the top right are links for "HOME" and "FIND A PSYCHOLOGIST". The main heading is "Find a psychologist", followed by the instruction "Find a psychologist in your country or region, according to area of practice or specialist expertise." and a link to "countries" for more information. The search form includes several fields: "Country" (a dropdown menu set to "- Any -"), "City" (a text input field), "Gender" (a dropdown menu set to "- Any -"), "Language" (a dropdown menu set to "- Any -"), "Family name" (a text input field), "Area of practice" (a dropdown menu set to "- Any -"), and "Specialization" (a dropdown menu set to "- Any -"). An "Apply" button is located at the bottom left of the form area.

EuroPsy Publications



Impact of the EuroPsy

- Influencing legislation on regulation of psychology
- Influencing university curricula
- Improving transparency for the public
- Assisting with mobility
- Promoting best practice (supervision; CPD)
- Bringing together psychologists in Europe

References

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<https://www.europsy.eu/>

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