

Pathways to the Provisional EuroPsy Specialist Certificate in Sport Psychology – regular route

Provisional EuroPsy Specialist Certificate in Sport Psychology

150 hours of supervision in Sport psychology

Postgraduate supervised practice (500 hours face to face practice in Sport Psychology)

90 ECTS in Sport Psychology of which 400 hours should be devoted to theory

EuroPsy-Basic Certificate:
Bachelor's degree and master's degree and supervised practice
(General Certificate - 6 years /min- 360 ECTS)

Phase 3:
Postgraduate supervised practice
(1 year – min. 60 ECTS)

Phase 2:
Master's degree
(2 years – min. 120 ECTS)

Phase 1:
Bachelor's degree
(3 years – min. 180 ECTS)

Specialisation in Sport Psychology

Post-graduate

Under-graduate

Supervision must have the aim of ensuring that practitioners carry out their work with competence and integrity. Where supervision is not normally based on direct observation, further evidence of competence and integrity must be demonstrated by measures such as monitoring of outcome, discussion of case material with a panel, interviewing selected clients or recording of specified sessions.

Practice, of which a minimum of 500 hours is supervised face to face practice with clients (e.g. athletes, coaches, referees, parents, sport managers, exercisers) or groups (e.g. sport teams, multi-disciplinary teams, companies and organisations).

- Postgraduate programme (e.g. master's degree or doctorate in sport psychology from a University or an accredited or recognised training programme in sport psychology organised by a professional body or private recognised organization).
- The applicants have to be trained in sport (or exercise) psychology. Examples of curriculum content include: Introduction to sport psychology, skill acquisition/skill training, attention and emotional regulation, motivation and behaviour change, social influences including team dynamics, assessment, physical and mental health, sport sciences, working in multi-disciplinary teams, professional practice and ethics etc.

In the case that the applicant has a master's degree in sport psychology and is using this to provide evidence of eligibility for the basic EuroPsy certificate, it is possible to use a maximum of 30 ECTS from this programme as evidence of eligibility for the specialist certificate. This means that an additional 60 ECTS are needed for the specialist certificate after the basic study requirements for the basic EuroPsy have been met